

2024 KODOKAN SUMMER COURSE I

"Kata"

- 1. Objective** The main content of "Summer Course I" is Kata which should be mastered by high dan holders and is also an important requirement for dan promotion. Therefore, this is a meaningful course for high dan holders including Judo instructors. Participants perform Kata on the last day, and good performers will be awarded prizes.
- 2. Date** From July 13 (Sat) to July 20 (Sat) for 8 days
- 3. Subjects**
 - Nage no Kata (4.5 hours)
 - Katame no Kata (4.5 hours)
 - Kime no Kata (4.5 hours)
 - Ju no Kata (4.5 hours)
 - Kodokan Goshin-jutsu (4.5 hours)
 - Koshiki no Kata (4.5 hours)
 - Itsutsu no Kata (2.5 hours)
 - Seiryoku-Zenyo Kokumin-Taiiku (2.5 hours)
 - Kata Performance (4 hours)
- 4. Instructors** Yoshihisa Doba 8th Dan, Director of Education & Instruction Department
And other Kodokan Instructors
- 5. Eligibility** Men: 4th dan or above Women: 2nd dan or above
Please ask Education & Instruction Department about the possibility of acceptance if you don't meet the above requirement. All participants must be members of Kodokan. (Membership fee 8,000JPY)
- 6. Fee** 16,500 JPY (more than 3 days of attendance)
5,500 JPY (one day attendance), 11,000 JPY (2 days attendance incl. Demonstration)
Payment should be completed in advance via a payment link we will send by e-mail.
- 7. Insurance** Kodokan does not provide any type of insurance. You are required to take out adequate insurance before leaving your home country. Kodokan will not be responsible for any injury or loss or damage to your property.
- 8. Others**
 - (1) Participants are required to show their Kodokan membership cards at the reception counter in order to check attendance every day.
 - (2) Kodokan can't be a sponsor for any visa application.
- 9. Application form**
<https://forms.gle/w5xiCnMXd67NnJBV6>
 - (1) All fields followed by an asterisk must be filled in.
 - (2) Please attach a photocopy of your passport.
- 10. Deadline** Applications close on **July 3 (Wed), 2024**

SCHEDULE

9:30			12:00		14:00		16:00	
July 13 (Sat)	Opening	Nage no Kata	Lunch Break	Nage no Kata				
July 14 (Sun)	Katame no Kata			Katame no Kata				
July 15 (Mon)	Kime no Kata			Kime no Kata				
July 16 (Tue)	Seiryoku-Zenyo Kokumin-Taiiku			Itsutsu no Kata				
July 17 (Wed)	Ju no Kata			Ju no Kata				
July 18 (Thu)	Kodokan Goshin-jutsu			Kodokan Goshin-jutsu				
July 19 (Fri)	Koshiki no Kata			Koshiki no Kata				
July 20 (Sat)	Kata Demonstration			Kata Demonstration			Closing	

Kata Demonstration: deadline for application: July 18 at noon